

NEW DAY SEMINAR FOR THE BEREAVED



Nine Thursdays from September 19 through November 14, 2024

From 10:00 – 11:30 am

**Sacred Heart on the Lake Retreat Center,
194 Candlewood Hill Rd., Higganum, CT 06441**

The New Day Seminar is a nine week series that helps those who have lost a loved one with the tasks of grieving. Each session provides a place and time for individuals to share their grief story and to learn about the grieving process and its tasks for healing. The cost of the book that is used is \$15.00. To register or for further information contact Sr. Patricia Cigrand, ASCJ at 203-606-4830 or email: cigrandpatricia@gmail.com